



# PEPPERELL HORSE OWNERS ASSOCIATION

Pepperell Horse Owner's Association  
Presents:

**Christine Mann**

Saturday, February 23, 2008

11:00am - 1:00pm

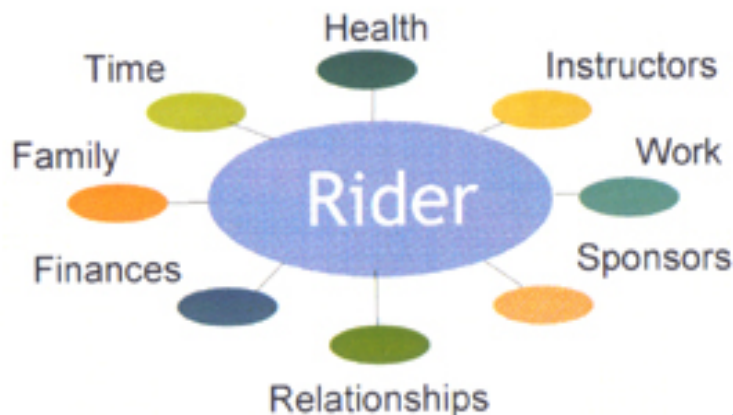
Pepperell Community Center

## CHRISTINE MANN

### *Life Coaching for the Equestrian*

FOCUS BALANCE CONNECTION SUCCESS

**What is standing between you  
and your riding goals?**



Christine has held leadership positions at five Fortune 100 companies. She has been a guest lecturer at the Harvard Business School, Northeastern University and Boston University. She holds a BA degree in Psychology and an Ed. M in Organization Development, both from Boston University. In her coaching, she brings a strong emphasis on health and wellness, stress reduction and life management skills to her clients.

**Join us on Saturday for this  
fun and educational seminar.**

Learn how to balance family, work and time for your riding...challenges we all face regardless of discipline.

Christine will also discuss winning strategies to help you set equine goals for success.

This seminar is beneficial for all equestrians, all levels, in all disciplines. Everyone is welcome.

Please take a break from your routine and join us...  
Christine will help you enhance your performance and get what you want out of life.

*Exhilarated by both the challenges and rewards of riding, it has become a central focus of Christine's life today. She regularly applies her own coaching tools and techniques to her experience in the saddle. This practice has accelerated her learning curve and helps her to compete successfully.*

No fee for PHOA members, all others \$10.00

For more information contact Orintha Silva 978.877.6636